NAVAL SUBMARINE MEDICAL RESEARCH LABORATORY Naval Submarine Base, Box 600, Groton, Connecticut 06340

ANNUAL REPORT OF PROGRESS SUMMARIES

Research and Technology Resume
-- DD Form 1498 -as of 10 January 1973

Prepared by

Jessie W. Kohl, B.A. Technical Publications Editor

Reviewed and Approved by:

Charles 7. Gell

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J. H. Baker, CAPT MC USN

OFFICER IN CHARGE NavSubMedRschLab

ANNUAL PROGRESS REPORT ON WORK UNITS ASSIGNED NAVAL SUBMARINE MEDICAL RESEARCH LABORATORY

| Research Area/Work Unit | No. Title | Page |
|----------------------------|--|------|
| Physiology | | |
| MR041.01.01-0063BOKL | Physiological Effects of Excursion Dives from | |
| NADOLI OI OI OIOFDOTATE | the Gas-Saturated State at Depths | • |
| MR041.01.01-0125B9XX | Effect of Exposure to the Total Submarine | |
| | Atmospheric Environment on Physiological | |
| MR041.01.01-0130BXKK | Functions | • |
| MK041.01.01-0130DAKK | A Visual Test of Fatigue and Physiological Disturbances in Navy Divers & Submariners | , |
| MR041.01.01-0139B9MK | Thyroid-Parathyroid Responses to Diving | • |
| MICO-11.01.01 010 DAMK | Inviola raradiyiola Responses to Diving | • |
| Biochemistry | | |
| MR041.06.01-0026BXKK | Biochemical Mechanisms of Response to | |
| | Environmental Stresses - Hyperbaric & | |
| | Submarine | • |
| Clinical Medical Sciences | • | |
| MR041.20.02-6024B3IJ | Effect of Submarine Service on Oral Health | • |
| MR041.20.02-6025B3IJ | Study of Oral Health in the Antarctic | • |
| Selection for Special Envi | ronments | |
| | Man as an Information Processor in Sub- | |
| | marine and Diving Systems | • |
| Performance Limits Unde | r Stress | |
| ··· | Psychophysiological Effects of Prolonged | |
| | Exposure to the Environment of the | |
| | Submariner and Diver | • |
| MF51.524.004-9010DA5G | Optimization of Auditory Performance in | |
| | Submarines | • |
| MF51.524.004-9015DA5G | Vision under the Stresses found in Diving | |
| | and Submarine Environments | • |
| Submarine Medicine | | |
| MF51.524.006-1002BF9I | Longitudinal Health Study-Submarine | • |
| MF51.524.006-9025BA9K | Medical and Physiological Effects of | |
| • | Submarine Habitability, Escape and | |
| | Rescue | • |
| MF51.524.012-0010AG3I | Effects of Dental Aerosols on Operatory | |
| | and Submarine Environment | • |
| MF51.524.012-0015AG3I | · · · · · · · · · · · · · · · · · · · | |
| | Methods in Military Populations | • |
| MF51.524.012-0016AG3I | Longitudinal Health Study of Dental Disease . | • |

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| b. CONTRIBUTING | | | | | | | | | |
| c. CONTRIBUTING | | <u> </u> | | | | | | | |
| 11. TITLE (Precede with Sec | curity Classification Code)* (U) | Physiologi | ical Limits | and | Adapta | atio | n in Nav | val Satur | ation Dives |
| Using Diffe | rent Compressi | on Schedul | les | | | | | | |
| 12. SCIENTIFIC AND TEC | HNOLOGICAL AREAS. 0060 | 00 Escape a | and Survival | L; 0] | 2900 1 | Phys | iology; | 016200 5 | tress |
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| 13. START DATE | | 14. ESTIMATED COM | PLETION DATE | 15. FUN | DING AGENC | Υ. | | 16. PERFORMANO | E METHOD |
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| RESPONSIBLE INDIVIDUA | AL , | | | NAM | SCHA | EFER | , Karl | E., GS-15 | 5 |
| NAME: BAKER, | J. H., CAPT | MC USN* | | TELE | PHONE: 20 | 3/44 | 9-3410; | Autovon | 241-3410 |
| TELEPHONE: 203/ | 449-3263; Auto | ovon: 241- | 3263 | Soci. | AL SECURITY | ACCOU | NT NUMBER: | | j |
| 21. GENERAL USE | | | | ASSOC | ATE INVESTI | IGATORS | i | | |
| | | | | NAM | i MURR | ΑΥ, | R. D., | LT(jg), N | ASC, USNR |
| | | | | NAM | E: MESS | IER, | A. A., | GS-9 | |
| KEYWORDS (Precede F | ACH with Security Classification (| Code) (U) Excu | rsion dives | ; (U) | Gas s | atur | ation; | | |
| (U) Man-in-t | he-Sea | | ·· | | | | | ·- <u>-</u> | |
| 23. (U) Technical objectives (U) Technical objectives (U) | ve. 24 APPROACH, 25 PROG ical Objective | e: To inv | estigate ef: | fect: | sede text of each | atur | ation a | nd excurs | sion dives |
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| expiratory | gas tensions | (PO2, PCO2 | , PN2, PHe | and 3 | Ne). | Puln | onary f | unction, | gas exchange |
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25.(U) Progress: (Dec 71-Dec 72) Data obtained in recent NOAA-Ocean Systems-NSMRL saturation-excursion dives have revealed a new physiological sign of impending decompression sickness in the form of "nitrogen bursts" in the expired air following a complete washout while breathing O2. Our studies have corroborated the existence of a metabolic source of nitrogen, which is still excreted after 24 hours in a helium-nitrogen atmosphere. Although small, this should be considered for a correction factor for decompression tables. Urinary calcium and CO2 data has been obtained to support the hypothesis that there is an increased bone blood flow associated with an increased influx of CO2 and calcium into the bone during compression. These metabolic processes are reversed during decompression. These studies continue to provide information leading to an assessment of Navy decompression tables. NSMRL Rpt. #687. "Involvement of CO2 and Calcium Stores in Decompression Sickness", 5th Symposium on Underwater Physiology. Pre liminary Report, NOAA OPSI. Studies carried out in rats during saturation diving at 50 \circ and 60 feet on air with ambient ${\rm CO_2}$ tensions of 3-4 mm Hg demonstrated the existence of a pronounced acidosis corresponding to the effects of 25-35 mm Hg of CO2 at normal atmospheric pressure.*

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| TELEPHONE:203/4 | <u>49-3263; Auto</u> | von: 241-3 | 263 | 50¢1 | AL SECURITY | ACCOU | NT NUMBER: | | | | |
| 21. GENERAL USE | | | | | ATE INVESTI | | | | | : | |
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| J) Work-Res | t Cycles; (U) C | arbon mono | rine Habita | þili | tx; (0) | Circ | adian (| ycles:(| U)Env | toxicit | |
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| 12. SCIENTIFIC AND TE | CHNOLOGICAL AREAS* | | | | : | | | | |
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| ADDRESS:* BOX | 600, Naval Su | bmarine Bas | se NLON | ADDRES | ** Box =60 | 0, Naval | Submari | ne Bas | se NLON |
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| RESPONSIBLE INDIVIDU | | | | | _ | J. A. S. | | - | |
| | R, J.H., CAPT | | _ | | |)449-3867 | '; Autov | ron: 21 | 41-3867 |
| EPHONE: (203 |)449-3263; Au | tovon: 241 | -3263 | 4 | | COUNT NUMBER: | | | |
| ENERAL USE | | | • | 1 | TE INVESTORA | | 00' 11 | | |
| | · | | | NAME: | mckay, | C. L., MA | 1, 65-11 | • | |
| 22, KEYWORDS (Precede | EACH with Security Classifi | cation Code) ([]) | Fatigue; (U | | mal tee | te (II)Hu | nechani | c pres | 2811285 |
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*Avsilable to contractors upon originator's approval.

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| 11. TITLE (Precede with Sec | urity Classification Code) (U) | Thyroid | and Parat | hyro | oid R | esp | onses : | in t | he 1 | Phys | io- | |
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| NAME: BAKER, | J. H., CAF | T MC USN | * | TELEPHONE 203/449-3419; Auto: 241-3419 | | | | | | | 1-3419 | |
| TELEPHONE: 203 | TELEPHONE: 203/449-3263: Autovon: 241-3263 | | | | | | | | | | | |
| GENERAL USE | GENERAL USE | | | | | ASSOCIATE INVESTIGATORS | | | | | | |
| 1 | | N | | NAM | ADAM | s, | G. M., | LT | MSC | USN | I | |
| | | | | nction; (U)Saturation Diving; | | | | | | | | |
| 22. KEYWORDS (Pricede E. | ACH with Security Classification (| oid Funct | ion | (U) | Sat | uration | n Di | vin | g; | | | |

(II) Parathyroid Function: (II) Thyroid Hormones: (II) Parathyroid Hormones

23. TECHNICAL OBJECTIVE. 24. APPROACH, 23. PROGRESS (Furnish individual paragraphs identified by number. Precede text of each with Security Classification Code.) 23.(U)Technical Objective: The purpose of this work is to provide information on the role of the thyroid and parathyroid hormones in the physiclogical adaptation to saturation diving. 24.(U)Approach: Groups of white rats will be continuously exposed to ambient air at 60 ft sea water pressure for periods up to five weeks. Animals will be serially sacrificed and serum samples and whole thyroid glands recovered. Thyroid function will be assessed by observing 24 hr. thyroid radioiodine uptake, circulating free thyroxine levels and the incorporation of radioiodine into the amino acid precursors of the active thyroid hormones. Parathyroid function will be observed by performing standard bioassay or immunoelectrophoretic procedures on serum samples collected at various times during compression and recompression. Parathormone, calcitonin and calcium ion concentrations will be determined. 25.(U)Progress: (Dec 71-Dec 72). One hyperbaric and one sea level control exposure, each utilizing 55 rats, were completed during this period. Groups of 5 rats each were sacrificed at -7, 0, 1, 2, 3, 7, 14, 21, 28 and 35 days. Another group of 5 rats was decompressed after 35 days exposure and sacrificed after remaining at sea level for 7 days. The sea level control animals were kept in an environmental chamber adjusted to aintain the mean daily values for temperature, relative humidity and $\mathbf{CQ}_{\triangleright}$ levels recorded during the hyperbaric exposure. Data are now being hnalyzed.*

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- (U) Dental Barotrauma; (U) Saliva; (U) Calculus; (U) Diet; (U) Oral Disease

 (U) Dental Barotrauma; (U) Saliva; (U) Calculus; (U) Diet; (U) Oral Disease
- 23. (U) TECHNICAL OBJECTIVE. The aim of this work is to determine what influence submarine service has on oral health, what standards of oral health are necessary in submarine personnel, and to determine to what extent oral diseases may influence the effectiveness of submarine personnel.
- 24. (U) APPROACH. Epidemiological surveys of submariners to evaluate periodontal health and dental caries. Dietary studies, including questionnaires and taste change analyses. Case histories and examinations of personnel experiencing dental barotrauma. Study of effects of FBM patrols and hyperbaric chambers on salivary components. Standardized collection of parotid saliva and evaluation of physiological correlates. Determination of calculus formation rate and chemical composition; longitudinal study of oral bacteria during patrols and hyperbaric chamber isolation periods. Evaluation control methods for prevention of dental problems on patrol.
- 25. (U) PROGRESS (Dec 71 to Dec 72) When three divers were exposed to two weeks of living in experimental diving chambers set for shallow-water equivalent pressures at Ocean System Incorporated (OSI), Tarrytown, New York, extensive stomatological charting was performed, dental impressions taken, and daily paraffin-stimulated saliva collected. The fluctuations in saliva bacterial populations during the dive were not as great as variations which could be caused by normal oral-physiological manipulations. Erythematous areas surrounding vesicles comparable to aphthous lesions were observed in the soft palate of two of the divers following O2 inhalation for N2 "washout." Full arch maxillary dental casts have been prepared for dimensional analysis to contrast conditions of saturation and supersaturation.*

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- (U) Stress (U) Dental Caries; (U) Oral Hygiene; (U) Epidemiological Survey; (U) Personnel Selection; (U) Saliva; (U) Preventive Dentistry

 3. TECHNICAL OBJECTIVE,* 24. APPROACH. 25. PROGRESS (Furnish individual paragraphs identified by number. Precede text of each with Security Classification Code.)
- 23. (U) TECHNICAL OBJECTIVE: Annual research programs are implemented delineating Antarctic stress factors which may affect the oral health of military personnel, evaluating methods of maintaining good oral health (particularly relative to periodontal dyscrasias), and correlating physiological alterations with studied fluctuations in oral biology.
- 24. (U) APPROACH. The yearly rotation of associate investigators provides for a multidisciplined approach involving longitudinal epidemiological surveys of oral disease for interrelating the effects of climate, diet, oral care motivation and work activity. Oral health factors are monitored during the isolation period as indicators of oral changes and relevance sought to overall physiology. Yearly accumulative data is retained at this activity to determine the predictability of dental problems in an isolated military environment and to evaluate preventive methods.
- 25. (U) PROGRESS. (Dec 71 to Dec 72) Data collected from salivary isolates and oral health indices of Deep Freeze '71 personnel have been refined and are currently being subjected to a variety of statistical methods for factor analysis. Specimens of serologic and pharyngeal origin arrived in April and are currently being processed. Eighty percent of the post-deployment health questionnaires have been returned thusfar. The Deep Freeze '72 Dental Officer has returned with data collected through the Austral winter on 80 subjects who were encouraged to take therapeutic amounts of ascorbic acid in single and in multiple vitamin preparations. Relationships between various oral parameters and lingual indophenol reduction times are being sought. The Deep Freeze '73 Dental Officer has deployed and is conducting a study dealing with patient motivation.*

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- (U) Proficiency measures & standards; (U) Performance under stress; (U) Submarine ASW Technical objective. 24. Approach, 25. Progress (Furthin individual paragraphs identified by number. Proceeds text of each with Scentify Classification Code.)
- 23. (U) TECHNICAL OBJECTIVE. To (1) develop and evaluate techniques for measuring man's performance in sensing, interpreting, and storing information, and making decisions in undersea operations; (2) identify major sources of variability in performance and determine their relationship to the psychological functions described above; and (3) provide guides for organization, training, and equipment design of submarine and diving systems.
- 24. (U) APPROACH. (1) analysis of performance of existing systems, (2) construction of computer models of human performance based on system analysis and basic data, (3) laboratory studies of specific hypotheses derived from (1) and (2) regarding particular information processing and decision-making behaviors. Empirical studies will employ psychological, environmental, or subsystem component simulations where appropriate. Where possible, validation studies relating findings of the preceding to performance in operational conditions will be conducted.
- 25. (U) PROGRESS. (Dec '71 to Dec '72) Part I of the WSE report concerning graphic methods of target motion analysis was completed, NAVSUBMEDRSCHLAB Report #722 CONF. Several laboratory studies of performance on the expanded time bearing plot as related to the accuracy of target bearings and on man's ability to conceptualize relationships in geometric space as related to the solutions of fire control problems were conducted NAVSUBMEDRSCHLAB Report Nos. 716 and 725. Other studies have been completed, while further ones are in progress.

Publications: NAVSUBMEDRSCHLAB Report No. 696 CONF.; Olson, G.M., & Laxar, K. Asymmetries in processing the terms "right" and "left". Journal of Experimental Psychology, in press.*

*Available to contractors upon originator's approval.

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- 11. YECHNICAL OBJECTIVE, 24. APPROACH, 25. PROGRESS (Furnish individual paragraphs identified by number. Proceede text of each with Security Classification Code.)

 23. Technical Objective: (U) To conduct laboratory and field studies designed to (a) identify the major stressors associated with the submarine environment; (b) to delineate the processes accounting for individual differences in tolerance for these stresses; and (c) to develop and test methods for prevention of, or relief from these effects (if they occur) so that crew effectiveness is maximized.
- 24. Approach: (U) Goals (a) and (b) (item 23) are approached by means of multivariate psychometric techniques used both in laboratory and submarine underway studies to identify those environmental factors affecting the quality of the submariners' adjustment. Objective (c) (above) is approached by survey techniques used to delineate the causes of adjustment failure underway.
- 25. Progress: (U) (Dec '71 Dec '72). Two studies showed no acutely debilitative effects of exposure to high intensity sonar signals for 5 and 24 days, respectively. The etiology for submariners devolunteering is in part associated with certain habitability aspects of the submarine. Submariners disqualified for "sub" duty because of drug abuse tend to come from culturally sub-standard environments and to have personality test profiles (MMPI) similar to hospitalized drug patients. The officer validation sample for the Depression Proneness Scale has increased to (N=250) this CY.*

Publications: (See attached sheet for details). Psychological effects of exposure to high intensity sonar signals, SMRL Rpts. 689 and 691; Etiology of Devolunteering, SMRL Rpt. 703; and Factors Related to Drug Abuse in Submariners, SMRL Rpt. 726 (in press).*

*A reliable to contractors upon originator's approval.

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| (U) Optimi | zation of aud | itory perf | ormance in | submari | nes | | | | | | |
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| 23. TECHNICAL OBJECTIV | logical corre | PESS (Furnish individual | paragraphs identified by nur | mber. Precede te | xt of each with | Security Classification | n Code.) | | | | |
| 23. (U)TECH | NICAL OBJECTI | VE:To eval | uate human | perfor | nance o | on variou | ıs parame | ters (| of | | |
| hearing tha | t relate to t | he optimal | use of the | audit | ory cue | es in und | dersea op | eratio | ons. | | |
| To Improve | performance b | y recommen | aing specit | cation | ns for | equipmer ancitive | detection | io chai | 0115 01 r- | | |
| training pr | ocedures of too | ne listene Lear | 15 utilizin | ig the i | 11036 36 | 31131 C1 VC | occer. | ig Cita | • | | |
| 24 (II) APPR | OACH. Effort | s will be | made to des | cribe | the cr | itical he | earing pa | ramete | ers | | |
| that would | insure optima | 1 use of t | he auditory | sense | In sul | omarine o | operation | is. Ti | he | | |
| ohysical ch | aracteristics | of the so | und systems | , i.e. | , sona | r, radio | , and the | perf | or- | | |
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| mance will | be specified | and their | quantitativ | e effe | ct on | target de | etection | deter | mined. | | |
| 25. (U) PROG | RESS. (Dec 7 | 'l to Dec 7 | 2) Studies | under | way as | sess aur | al NRD: | (1) on | a | | |
| specific ta | arget at perio | odic interv | als during | fatigu | ing pe | riods of | high cor | ntact | den- | | |
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| relation to | types of nor | ı-conducti | e hearing l | osses. | Ata | rget inje | ector has | been | i de- | | |
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| of high not | tympan! from t lse levels on | ne stapedi sonar dopi | ler & on au | idi tory | track | ing of a | signal : | ınder | per- | | |
| ceptual rearrangements. Publications: NSMRL Report Nos. 706, 707, 714, 715, and 723. | | | | | | | | | | | |

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(U) Health Study of Operational Submarine Personnel
23. TECHNICAL OBJECTIVE. 24. APPROACH, 25. PROGRESS (Furnish Individual paragraphs identified by number. Precede text of such with Security Citatification Code.)

- 23. (U) TECHNICAL OBJECTIVE: To establish a continuing multiphasic medical survey of submarine personnel to ascertain health, medical and personality changes. Knowledge of physiologic systems and/or psychologic changes relative to this occupational exposure allows correcting the precipitating factors, or controlling the related biological mechanisms. This knowledge could also be a factor in protecting the government against false claims relative to damage to personnel arising from such exposure. Contribution to medical science relative to the effects of submarine environment exposure and relationship to the aging process may be a rewarding factor.
- 24. (U) APPROACH: Organizing and establishing the clinical scope of the project, establishment and testing of methodology, organization of methods of handling and retrieval of data, coordination of participating disciplines and the organization of the cadres of subjects and controls.
- 25. (U) PROGRESS: (Dec 71 to Dec 72) The Longitudinal Health Study system has been further consolidated to minimize the time required for each individual and the maximize the number of individuals to be processed in a given time frame. Computer programs for editing, storage and easy retrieval data in all phases have been compiled and are presently being tested at the New London Laboratory of the Naval Underwater Systems Center. At least 170 individuals have been completely processed through the program this year. The project is now technically equipped to anticipate the turnout of several hundred submariners through the next fiscal year.*

 Publications: NSMRL Report 733.

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| NAME: BAKER | , J.H., CAPT, | MC, USN* | | TELE | ~ ~ (2© 3) | 449-389 | 6; Auto | on: | 241-3896 |
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| 23. (U) TE of contamin trainment of | CCHNICAL OBJECT nation hazards of microorgani nanipulations | CTIVE. The sassociate | primary ain ed with airl exic product | n is corne | develo disso esulti | opmen emina ng fa | nt of m ation, rom den | ethods for transfer, tal proce | or re , or edure | reen- es and |
| 24. (U) AF | PROACH. Aeros | | | | | | | | | |

- 24. (U) APPROACH. Aerosol characteristics are being elucidated by: slit samplers to scribe on media a time tracing of the microbial atmospheric burden. Andersen stage-samplers to determine particle size distribution of bacteria and counters to survey particulate matter. Description and duration of dental procedures performed are logged to establish relationships between the procedure and amount, particle size, and extent of aerosol propagated. Relations between toothbrushing procedures and aerosol characteristics are being examined in submarine lavatories, in the 14-sink preventive dentistry room of this activity and hyperbaric diving chambers here and at other nearby diving facilities.
- 25. (U) PROGRESS. (Dec 71 to Dec 72) Samples from an experimental dive in a hyperbaric chamber at Ocean Systems Inc., Tarrytown, New York, were obtained through a wall penetration without utilization of a vacuum pump and assayed with an Andersen stacked-sieve air sampler. Viable bacterial particulates within a size range of 1-5 µ (a potential inhalatory hazard) were recoverable from chamber air almost daily during the dive.

Publications: Air Bacterial Burden in New and Old Dental Clinics. Mazzarella, M., Scheer, J.E. and Middleton, R.A. Abstracts 47th General Mtg of International Assoctor Dental Rsch. p. 176, 1971.

for Dental Rsch, p. 176, 1971.
Reentrainment of Bacterial Aerosols Disseminated by an Ultrasonic Dental Prophylaxis
Unit. Mazzarella, M.A., and Scheer, J.E. Abstracts of the Annual Mtg of the American Society for Microbiology, E-154, p. 26, 1972.*

*Audiable to commercian topon originator's approved.

| | | | 1. AGE | NCY ACCESS | ION* | 2. DATE OF SUA | MARY* | REPORT C | OVTROL SYMBO: |
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HADILS: (U) EVALUATION TECHNIQUES
23. TECHNICAL OBJECTIVE. 24. APPROACH, 25. PROGRESS (Furaush individual paragraphs identified by number. Precede text of each with Security Classification Code.)

- 23. (U) TECHNICAL OBJECTIVE. This work unit is concerned with developing and evaluating techniques and principles for improving oral health and preventing dental problems in military groups through improved oral hygiene. Evaluation techniques also are to be developed and tested. The aims will be, specifically, good oral health maintenance of submarine crews and other small isolated military groups, but results will be applicable to the military population as a whole.
- 24. (U) APPROACH. Effects of oral hygiene techniques will be subjected to exacting evaluations for shore-based and submarine-based personnel. The study of contributing factors as devices, dexterity, education and motivation are used. Analysis of bacterial plaque, its effects and its control, is basic to this work unit. Factorial analysis of gingivitis control is studied by various methods.
- 25. (U) PROGRESS (Dec 71 to Dec 72) Questionnaires submitted before and after different oral health instruction presentations have yielded several hundred data points. These data are currently being refined for further processing. A statistical matrix is concurrently being designed for interparametric evaluation.*

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| TELEPHONE: (203 | R, J. H., CAP) 449-3263 Au | | | 1 | +ONE:(20 | 3) 4 | | DR, DC, Autovoi | | 1-3364 |
| 21. GENERAL USE | ACH with Security Classification (| odel | domiology | NAME: | MAZ | UIRI ZARI | LLA. M. | LCDR, I | r. DC | |

- (U) Epidemiology; (U) Caries; (U) Periodontal Disease
 (U) Growth and Development; (U) Preventive Dentistry (U) Clinical Medicine
 23. TECHNICAL OBJECTIVE. 24. APPROACH, 25. PROGRESS (Furnith Individual paragraphs identified by number. Precede text of eath with Security Classification Code.)
- 23. (U) TECHNICAL OBJECTIVE. The objective of this work unit is to define the dental effects of normative aging and occupational stresses in Navy divers, submarine personnel, and other Navy subpopulations within the framework of routine Navy dental care.
- 24. (U) APPROACH. Both longitudinal and cross-sectional studies are made of selected samples of the military population. Occupational subgroups within the naval service (especially divers) are examined to establish individual and group characteristics so that changes with time may be related to occupation, normative aging, and/or genotypic variation.
- 25. (U) PROGRESS. (Dec 71 to Dec 72) (1) A study of Submarine School candidates which revealed that 40% of their occlusal surfaces are unfilled, caries free and in teeth without proximal caries provided the epidemiological justification for an active study evaluating polymeric pit and fissure sealants as a decay preventive in young naval personnel. (2) One hundred and fifty (150) divers and submarine personnel have been examined this year as part of the initial increment of the longitudinal dental health study. A partial analysis of the data on 80 of these personnel reveals a positive association between the amount of plaque (Greene and Vermillion scale 0-3) and the sulcus depth subjacent to the plaque. Of six teeth examined for plaque on each patient there is a negative correlation between the number teeth without plaque and the periodontal index of A.L. Russell.*

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- (U) Tooth Sealants; (U) Caries; (U) Preventive Dentistry; (U) Polymers; (U) Adhesion
 23. TECHNICAL OBJECTIVE, 24. APPROACH. 25. PROGRESS (Furnith individual paragraphs identified by number. Proceede text of each with Security Classification Code.)
- 23. (U) TECHNICAL OBJECTIVE: The objective of this study is to assess the decay preventive benefits to young U.S. Navy personnel resulting from the application to the fissured chewing surfaces of the teeth of a plastic film (pit & fissure sealant) now classified as provisionally acceptable by the American Dental Association. This procedure may provide a valuable supplement to the highly successful three-agent stannous fluoride treatments pioneered by the U.S. Navy Dental Corps at this activity which concentrate their effect on the smooth surfaces between the teeth. Since approximately 40% of the chewing (occlusal) surfaces of Submarine School candidates teeth may benefit from the protection afforded by plastic sealants, a well-documented material reduction in new occlusal caries for these young servicemen would allow a significant enlargement of the total package of dental care presently offered by the U.S. Navy Dental Corps.
- 24. (U) APPROACH. Approximately 325 subjects with appropriate matched pairs of posterior teeth will have one tooth in each pair coated with sealant (2000 teeth total). Re-examinations at six monthly intervals for two years will permit a comparison of the rates of new cavity formation in both treated and untreated teeth. Re-examinations will be facilitated through the use of Submarine School candidates as subjects since these personnel are characterized by greater duty stability (within the Submarine Force) and a smaller fixed number of home ports.
- 25. (U) PROGRESS. (Dec 71 to Dec 72) Air drying and voltage monitoring equipment have been installed. The investigator has familiarized himself with the sealant material and the technique for its application. One thousand (1000) teeth in 166 subjects have been coated with plastic sealant and are available for re-examinations?

*Available to contractors upon originator's approval.

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| | J.H., CAPT, 449-3263; Aut | | 3263 | NAME TELES | AD/ | MS , 13) 4 | Funith SSAN IF U. G.M., L 49–3896; INT NUMBER: 5 | T, MSC, | USN | 1-3896* |
| • | | | | NAME | WIL | | ison, R.A | ., LT, | MC, U | ISNR |

(U) Decompression Sickness; (U) Oxygen; (U) Lipid; (U) Fatty Acid

- 23. (U) TECHNICAL OBJECTIVE: Intermittent oxygen breathing during the stage decompression of a saturation dive is a routine occurrence. While oxygen inhalation under these circumstances apparently permits a physical gas exchange that facilitates a safer decompression, the metabolic manifestations of the process are essentially unknown. The objective of this study is to ascertain the effect of oxygen breathing during stage decompression on fatty acid production and lipid metabolism.
- 24. (U) APPROACH: The <u>in vivo</u> effect of intermittent oxygen breathing during stage decompression from air and helium saturation dives on the biosynthesis of various fatty acids will be investigated in a model animal system and humans. The subsequent distribution of fatty acids in lipids derived from germane and/or available tissues will be followed to determine the systemic effect of this oxygen exposure on lipid metabolism.
- 25. (U) PROGRESS: (Dec 71 to Dec 72) The initial equipment procurement has been accomplished and analytical procedure trains are being established. Animal dive profiles are currently being established. Gas chromatograph analytical techniques are being developed.*

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| RESPONSIBLE INDIVIDUA | AL. | | | NAMI | • | | | y, GS-1 | | |
| NAME: BAKER | , J. H., CA | PT MC USN | I | TELE | PHONE:20 | 3/41 | 49-341 |); Auto | : 2 | 41-3410 |
| TELEPHONE: 203 | /449-3263; | Auto: 24] | -3263 | 1 | AL SECURITY | - | - | • | | _ |
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| | nformation | | | | | | | | | |
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| osteonec | rosis. Uri | nary hyd: | roxyprolin | e, | 45 _{Ca} + | +, | and 32 | PO), shi | fts | will |
| be studie | d to acquir | e informa | ation cond | ern | ing t | hе | influe | nces of | ро | ne |
| metabolis | m and/or pa | rathyroid | d hormone | on | the a | for | ementi | oned sy | ndr | omes. |
| Samples for | rom appropr | iate huma | an dives w | rill | be a | nal | yzed w | hen ava | ila | ble.* |
| | <u>ogress</u> : (De | | | | | | | | | |
| hydroxypr | oline have | been ana. | lyzed from | 1 уо | ung r | ats | satur | ated at | 50 | FSW for |
| 60 days a | nd 60 FSW f | or 35 da: | ys in air | whi | le re | cei | ving l | ow, nor | mal | , and |
| high calc | ium diets. | Samples : | from matur | e r | ats e | ogx | sed to | a seri | es | of rapid |

decompression profiles have also been analysed. Preliminary studies using 45Ca++ have shown an alteration in the movement of isotope among blood, bone and urine of young rats dived to 180'. Hydroxyproline and minerals were also analyzed from the urine of divers following multiple exposures to 2 and 7 ATA in air. The large quantities of data obtained require interpretation with the aid of an appropriate system for data analysis.

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| TELEPHONE: 203 | /449-3263; <i>1</i> | Autovon: | 241-3263 | SOCIA | IL SECURITY | Accon | INT NUMBER | | • - | 41- · U = , |
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Sickness; (U) Aseptic Bone Necrosis
23. TECHNICAL OBJECTIVE. 24. APPROACH, 25. PROGRESS (Furnish Individual paragraphs identified by number. Precede lext of each with Security Classification Code.)

- 23. (U) TECHNICAL OBJECTIVE: Bone density decreases have been documented after an inadequate decompression in a specific dive schedule, and a possible relationship between calcium homeostasis and decompression sickness has been demonstrated. The objectives of this study are: (1) To document the reported bone density decrease as a function of compression rate, depth and time at depth, and decompression rate; (2) To histologically examine bone from germane animals to determine the cellular changes occurring therein; and (3) To determine localized and systemic calcium interactions that may be related to decompression sickness.
- 24. (U) APPROACH: Experimental animal models will be studied at simulated depths of 100, 1000, 2000 and 4000 feet. At least two compression schedules will be employed in conjunction with decompression schedules resulting in three general decompression sickness responses. These studies will be designed to determine bone density changes, measure fluid balance and determine fluid shifts, and ascertain calcium balance and determine localized tissue calcium distributions and interaction as a function of the dive profile.
- 25. (U) PROGRESS: (Dec 71 to Dec 72) X-ray equipment has been procured to permit obtaining the required films for this evaluation. Techniques for evaluating tibia density shifts in humans have been developed and applied in one nitrox dive series. An animal chamber is being fabricated with a 3000 psig depth capability to permit experimentation at the proposed simulated depths. Techniques have been developed to optimize sampling and counting of radioactive histological tracers for determination of extracellular space and total body water.*

*Available to contractors upon originator's approval

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| Naval Submarine Med Naval Submarine Med ADSRESSI-BOX 600, Naval Subm Groton, Connecticut RESPONSIBLE INDIVIDUAL NAME: BAKER, J.H., CAPT, | ical Cente arine Base 06340 MC. USN | er e NLon | PRINCI | Nava ss. Nava Groti PAL INVESTIGAT ADAM | lS lS on, | ubmarir ubmarir Connec wnun ssan y v G.M., L | baric Medicale Medicale Base Sticutal State Medicale Medi | al Re NLon 06340 " ^{((on)} USN | s. Lab. |
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| 22. KEVWORDS (Precede EACH with Security Classification | Codej | - | NAMI | <u> </u> | | | | | |
| (U) Dysbaric Osteonecro | sis; (U) A | \septic Bone | Nec | rosis; | (U) | Hypert | paric Ph | ysiol | ogy |
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| | 3)449-3263 Aut | covon: 24. | L-3263 | | | • | NT NUMBER: | | | |
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| power losse | s of otherwis | se qualifi | ed personne | ıl, fo | r pro | blems | s of vi | sual acu | ity | and color |
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| color visio | on was instiga | ated to de | etermine if | arugs | inte | rrer | ed with | the per | rorm | ance of |
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| | sing drugs are | | | | | | | | | |

visors were tested and evaluated for Naval Air Systems Command.*

individuals by means of the visual evoked cortical response has been developed and successfully tested. A study of eye movements in display monitoring is being planned; toward this end, a literature survey is underway and an apparatus for measuring eye movements is being tested. The color vision of boys in the local school system, who fail screening tests, is examined to determine the type and extent of their defect. This provides both a public service to local families and a supply of individuals with various types of defect for our research. A number of prototype and pre-production

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| 19. RESPONSIBLE DOD O | MUANIZATION | | | ZO. PERI | ORMING OR | GANIZAT | ION | | | | |
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| | ubmarine Medic | cal Center | | ADDRESS: Naval Submarine Medical Rsch. | | | | | | | |
| Box 600 | , Naval Submar | rine Base N | ILON | Groton, Connecticut 06340 | | | | | | | |
| | roton, Connecticut 06340 PRINCIPAL INVESTIGATOR (Furnish SSAN if U.S. Academic Institution) | | | | | | | | | | |
| RESPONSIBLE INDIVIDUAL NAME" MYERS, C.K., GS-12 | | | | | | | | | | | |
| NAME: BAKER, J.H., CAPT MC USN TELEPHONE: (A.) 241-3201 | | | | | | | | | | | |
| TELEPHONE: (A.) | | | | 1. | L SECURITY | • | | • | · | | |
| 21. GENERAL USE | | | | ASSOCI | ATE INVESTI | GATORS | | | | | |
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| 23. TECHNICAL OBJECTI | VE. 24. APPROACH, 25, PROC | RESS (Furnish Individual | paragraphs identified by nu | mber. Prec | ede text of eac | h with Sec | urity Classificatio | n Code.) | | | |
| 23. (U) TEC | HNICAL OBJECT | IVE. To v | alidate new | aud | iometr | Ic s | tandard | s for su | bmarine | | |
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| Jobs requir | ing a high le | vel of aud | itory acult | y, t | o redu | ce n | umbers | of subma | rine | | |
| personnel, | otherwise qua | lified, wh | o are perha | ps u | nneces | sari | ly lost | by reas | on or | | |
| present auc | litory standar | ds and to | prevent the | dev | e i opme | nt o | T nearı | ng derec | rs among | | |
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| ahilitles a | among submarin | e personne | l as to ide | ntlf | v pred | icti | ve indi | ces of h | earing | | |
| loss and th | ne habituation | process w | hich enhand | es o | , perato | r au | ditory | acuity, | the latter | | |
| potential | enefit in the | design of | training p | rogr | ams, a | ud I t | ory ald | is, or ac | oustical: | | |
| characteris | stics of subma | rine envir | onment. | | • | | · | | | | |
| 25. (U) PRO | OGRESS. (Dec 7 | '1 to Dec 7 | $^{\prime}$ 2) Data ha | s be | en col | lect | ed to e | valuate | the pro- | | |
| ficiency of | f several diff | erent spee | ch reception | n te | sts, | Four | · new te | ests of s | speech in | | |
| noise and | In quiet have | been const | ructed. Fi | ve r | eports | of | this st | udy have | : been | | |
| submitted. | * | | | | | | | | | | |
| Publication | <u>ns:</u> NSMRL Rep | orts #704, | 707, 719, | 720, | and 7 | 721. | | | | | |
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| Box 600 | , Naval Subma | rine Base 1 | NLON | L | | | Medical | | n. Lab. | |
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| NAME: BAKER TELEPHONE: (203) 21, GENERAL USE | , J.H., CAPT, 1449-3263: Aut | MC, USN,* tovon: 241- | -3263 | SOCIAL SER | (203)4 RETWACCOU RESTRATOR | 149–3263 Int numberi Is | | on: 24 | 41-3263* |
| 22. KEYWORDS (Precede I. | ACH with Security Classification (| (ode) | | NAME: P | - | • | T, MC, U | PNK* | |

(U) Health Study of Operational Diving Personnel: (1) Multiphasic Medical Survey

23. (U) TECHNICAL OBJECTIVE: To establish a continuing multiphasic medical survey of operational diving personnel to ascertain health, medical and personality changes. Knowledge of physiologic systems and/or psychologic changes relative to this occupational exposure allows correcting the precipitating factors, or controlling the related biological mechanisms. This knowledge could also be a factor in protecting the government against false claims relative to injury to personnel arising from such exposure. Contribution to medical science relative to the effects of the diving environment exposure and the relationship to the aging process may be a rewarding factor.

24. (U) APPROACH: Organizing and establishing the clinical scope of the project, establishment and testing of methodology, organization of methods of handling and retrieval of data, coordination of participating disciplines and the organization

of the cadres of subjects and controls.

25. (U) PROGRESS: (Dec 71 to Dec 72). A total of 44 divers has been fully processed through the Longitudinal Health Study (LHS) program this year. The entire staff of the Escape Training Tank, Submarine Base, NLon, has been concluded as well as three groups of divers commencing training at the SubDevGroup ONE School of Saturation Diving and all hyperbaric personnel in NLon. Data has been stored in a computerized file awaiting analysis. A detailed NSMRL report (Report 733) defining the stages of the LHS exam is being prepared for imminent publication.*

Publications: NSMRL Report No. 733

DD: MAR 48 1498 STOCK NO.-0102-014-9300

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| Naval Submarine Medical Research Lab. Naval Submarine Medical Center ADDRESS: BOX 600, Naval Submarine Base NLon Groton, Connecticut 06340 RESPONSIBLE INDIVIDUAL NAME: BAKER, J.H., CAPT, MC, USN* TELEPHONE: (203)449-3263; Autovon: 241-3263 11. GENERAL USE NAME: ADDRESS: Naval Submarine Medical Research Lab. Naval Submarine Medica | | | | | | | | | | | | |
| . | ater Physiolog eter Physiolog Ve.* 24. approach, 25. prog | (0) 000 | compression xcursion Di paragraphs identified by nu | | | | | | | | | |
| (U) Underwater Physiology; (U) Excursion Diving 23. (U) TECHNICAL OBJECTIVES: (1) To develop an effective animal model in saturation diving which could be used for mathematical extrapolation to human saturation diving, (2) to employ techniques to characterize the biomedical effects of pressure, and (3) to employ the newer research developments to more clearly define the spectrum of decompression signs and symptoms and their sequelae.* 24. (U) APPROACH: Using animals of varying size, weight and species, common factors controlling excursion, ascent and no-decompression limits, will be identified This data will then form the basis for calculation of saturation and non-saturation schedules.* 25. (U) PROGRESS: (Dec 71 to Dec 72) A detailed protocol for the hematologic | | | | | | | | | | | | |
| studies to | be carried or stem for the | ut with Che | elsea Blood | Labo | oratory h | as been | complete | | | | | |

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| NAME. Naval Submarine Medical Rsch. Lab NAME. Biochemistry Branch |
| Naval Submarine Medical Center Naval Submarine Med. Rsch. La |
| ADDRESS-Box 600, Naval Submarine Base NLON ADDRESSBOX 600, Naval Submarine Base |
| Groton, Connecticut 06340 Groton, Connecticut 06340 |
| PRINCIPAL INVESTIGATOR (Furnish SSAN if U.S. Academic Institution) |
| NAME: BAKER, J. H., CAPT MC USN NAME: BAKER, J. H., CAPT MC USN NAME: BAKER, J. H., CAPT MC USN NAME: BAKER, J. H., CAPT MC USN |
| NAME: BAKER, J. H. CAPT MC USN TELEPHONE: 203/449-3263; Auto: 241-3263 TOURNERAL USE TELEPHONE: 203/449-3410; Auto: 241-341 SOCIAL SECURITY ACCOUNT NUMBER: |
| ASSOCIATE INVESTIGATORS |
| NAME JACEY, M. J., GS-11 . |
| I NAME OF APPART D V CS_33 |
| 22. KEYWORDS Precede FACH with Security Classification Code (U) High Pressure Physiology; (U) Stress Physiology |
| [U] Biochemical Reactions Under Pressure 13. TECHNICAL OBJECTIVE. 24. APPROACH, 25. PROGRESS (Furnish Individual paragraphs identified by number, Precede text of each with Security Classification Code.) |
| 23.(U) Technical Objective: To perform necessary modification and inte |
| grate high pressure metabolic reaction system into programs oriented |
| toward solution of unanswered problems of Naval diving medical research |
| 24.(U) Approach: The high pressure reaction vessel system is under a |
| continuing process of modification designed to adapt it to an expanding |
| high pressure biochemical research program. Experiments utilizing the high pressure reaction system linked with gas chromatogrphy, spectro- |
| photometry, chemical analysis, and other research methods are in various |
| stages of completion. Both whole tissue preparations and simplified |
| biological reaction mixtures are studied in these experiments. Efforts |
| are in progress for measuring metabolic effects under pressure and for |
| studying membrane transport phenomena through the use of specific ion |
| electrodes. Improved methods for data collection from the high pressu |
| reaction system will be sought along with better methods of storing and |
| treating the acquired information.* |
| 25.(U) Progress: (Dec 71-Dec 72). Preliminary experiments involving |
| enzyme reactions in erythrocytes under pressure have been completed. |
| Successful procedures for pressurizing and depressurizing erythrocytes |
| without disrupting the integrity of the cells have been developed and |
| utilized. Several design changes in the original high pressure reactionsystem have been completed and others are underway. NAVSUBMEDRSCHLAB |
| Report #713, 1972.* |
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| NAME BAKER, J. H., CA! | | | 1 | | | _ | | 41-3410 | |
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| ASSOCIATE INVESTIGATORS | | | | | | | | | |
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| 22. KEVWORDS (Precede F.A.CH with Security Classification of | Code) (II \ II - a a | | NAME: MES | SIEF | ? . A | <u>A. GS-</u> | 9 ** | 10- | |
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| 23.(U) Technical Object | ctive: To | determin | le the in | ıŢue | ence o | i incre | ase | u gas of | |
| pressure and density | | | | | | | | | |
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| work capacity under | | | | | | | | | |
| 24.(U)Approach: Student | | | | | | | | | |
| ture responses of tr | | | | | | | | | |
| pressures of air, He- | | | | | | | | | |
| rate, gas composition | n. pressu | re. dry a | and wet | nvi | ronmen | t and b | rea | thing | |
| mixtures, temperatur | e of envi | ronment a | and breat | hing | g medi | a, exer | tio | n level | |
| experience of diver, | thermal | protection | on. Devel | lop : | improv | ed inst | rum | entation | |
| and methods for appl | ications | in respir | ratory 1 | hys: | iology | under | con | s traints | |
| of diving and exposu | re to a h | yperbari | e enviror | men | t. | | • | | |
| 25(U)Progress: (Dec | 71- Dec | 72). Stud | lies have | e be | en mad | e durin | g t | wenty | |
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| NAME: BA | KEŖ, J.H., CAPT | MC. USN | | TELEPHONE (203)449-3668; Autovon: 241-3668 | | | | | | |
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(U) Saturation Diving: (U) Underwater Manned Operations

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23. (U) TECHNICAL OBJECTIVE: To develop reliable methods for measuring performance among Navy swimmers and divers in underwater environments, such methods to be used for on-line monitoring of performance efficiency to serve as indicators of incipient disability, and for evaluating diving systems design.

- 24. (U) APPROACH: Experimental evaluation will be made of existing, and new, performance monitoring systems, particularly those related to psychomotor and problem-solving tasks, with attention given to reliability of measurement, combined effects of task-induced and physical stress, sensitivity to change in diver motivation or physical conditions, and utility in different diving environments (such as hyperbaric habitations or open-water).
- 25. (U) PROGRESS: (Dec '71 Dec '72) Systematic evaluation of adaptive tracking and mental arithmetic tasks as indices of performance capability under hyperbaric conditions was initiated with test of 8 divers under 2 and 7 ATA air exposures. The tracking task produced clear evidence of narcosis and that effect decreased on a second exposure to 7 ATA air spaced 7-21 days later. We clear narcotic effects were obtained for the two mental arithmetic tasks. Subsequently, an abbreviated version of the adaptive tracking task yielded analogous results in the Ocean Systems Inc. 30-90 ft saturation-excursion dive. In preparation for hyperbaric studies of an animal model, decompression schedules for 200ft/30 min and 300ft/25 min air exposures were tested with four squirrel monkeys and training of three additional animals in delayed-matching-to-sample was substantially completed.**

Publications: Gell, C.F., & Moeller, G. The biodynamics of low altitude, high speed flight. Ergonomics, in press. Laxar, K. NAVSUBMEDRSCHLAB Report No. 696 CONF

"Available to contractors upon originator's approval.

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| all types | of underwater | environme | nts. To de | term | ine sp | ecit | fication | ns for mi | nima | al com- |
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| | | | NAME: | Ferr | is, | S. H., | Ph.D., | GS-1. | l | l |
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| 25. (U) PRO | GRESS: (Dec 7 | 1 to Dec 72) A compre | hens | ive st | udy | of visu | al func | tion | ing throu | ugn |
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| can utilize | auditory se | nsorv čapad | itles to o | rient th | emsel | ves in th | hree-dim | ens i | onal | | |
| underwater | space, to na | vigate. lo | cate and/or | avoid o | bstac | les, and | localiz | e so | urces | | |
| under water | r. Also to p | rovide base | eline data | for the | evalu | ation of | sensory | enh | ance- | | |
| ment system | ns. such as h | and-held se | ensors and | related | devic | es. | | | | | |
| 24. (II) API | PROACH. Perf | ormance on | three-dime | nsional | orien | tation, | navigati | on, | and | | |
| sound source | ce localizati | on problems | s by Navy d | ivers wi | ll be | compare | d to per | form | ance | | |
| lon similar | tasks in air | . Experime | ents will b | e design | ed to | isolate | cues re | leva | nt to | | |
| accurate 1 | ocalization o | f sounds a | rrayed in v | ertical | plane | s since | such ori | enta | tions | | |
| are of grea | ater importan | ce to free | -swimming d | ivers. | | | | | | | |
| 25. (U) PR | OGRESS. (Dec | 71 to Dec | 72) Arrang | ements w | ere m | ade to c | onduct r | esea | rch in | | |
| underwater | acoustic ori | entation b | y divers at | the Nar | ragan | sett Bay | Campus | of U | .R.1. | | |
| Two experis | ments were co | nducted to | determine | the abil | ity o | fdivers | to disc | rimi | nate | | |
| the angula | r separation | of underwa | ter sound s | ources. | lt w | as deter | mined th | at i | n a | | |
| reverberan | t environment | divers ca | n localize | sound so | urces | with fa | irly hig | h de | gree | | |
| of accurac | y. Further e | xperiments | are being | planned | to de | termine | whether | unde | rwater | | |
| sound loca | Nization skil | ls can be | utilized in | practio | al na | vlgation | situati | ons. | | | |
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| Nava Address:* Box | Naval Submarine Medical Center Box 600, Naval Submarine Base NLON Groton, Connecticut 06340 Naval Submarine Medical Res. Lab Box 600 Naval Submarine Base NLON Groton, Connecticut 06340 PRINCIPAL INVESTIGATOR (Furth SSAN if U.S. Academic Institution) | | | | | | | | | | |
| NAME: BAKER, J.H., CAPT. MC, USN TELEPHONE: (203)449-3263; Autovon: 241-3263 21. 67: " " " " " " " " " " " " " " " " " " " | | | | | | | | | | | |
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Security Classification

| DOCUMENT CONTROL DATA - R & D (Security classification of title, body of abstract and indexing annotation must be entered when the overall report is classified) | | | | |
|--|--|--------------------|------------------------------------|--|
| NAVAL SUBMARINE MEDICAL RESEARCH LABORATORY, Naval Submarine Medical Center | | } | 24. REPORT SECURITY CLASSIFICATION | |
| | | Uncla | Unclassified | |
| | | 2b. GROUP | 2b. GROUP | |
| 3. REPORT TITLE | | | | |
| Annual Report of Progress Summaries | | | | |
| · | | | , | |
| 4. DESCRIPTIVE NOTES (Type of report and inclusive dates) | | ··· | | |
| Annual report for calendar year 1972 | | | · , | |
| 5. AUTHOR(S) (First name, middle initial, last name) | | | , | |
| J. W. Kohl, Editor | | | | |
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| 6. REPORT DATE | 74. TOTAL NO. | OFPAGES | 7b, NO. OF REFS | |
| 10 January 1973 | 35 | | | |
| 88. CONTRACT OR GRANT NO. | 98. ORIGINATO | R'S REPORT NUME | BER(S) | |
| | NSMRL Memo Report No. 73-2 | | | |
| 6. PROJECT NO. | | | | |
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| c. | 9b. OTHER REI | PORT NO(S) (Any of | her numbers that may be assigned | |
| · · · · · · · · · · · · · · · · · · · | - | , | | |
| d. | <u> </u> | | | |
| 10. DISTRIBUTION STATEMENT | | | • | |
| Approved for public release; distribution unlimited | | | | |
| | | | | |
| | | | | |
| 11. SUPPLEMENTARY NOTES | Naval Submarine Medical Center Box 600 Naval Submarine Base | | | |
| | | | | |
| | Groton, | Connecticut | 06340 | |
| 13. ABSTRACT | · · · · · · · · · · · · · · · · · · · | · | | |
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This report consists of a compilation of the Research and Technology Resume, DD Form 1498, reporting progress on 35 Bureau of Medicine and Surgery Research Work Units assigned to the Naval Submarine Medical Research Laboratory at the Naval Submarine Medical Center for the calendar year 1972.

For each work unit there is a description of its <u>Objective</u>, the <u>Approach</u> and the <u>Progress</u> during the year and a listing of any publications completed during the year.

DD FORM 1473

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UNCLASSIFIED

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